

Friedrichsen Frank Frenzy Contest Registration

Contest Information

Date: Labor Day – September 7 @ 12:30pm

Entry Fee: \$20 (includes official Frank Frenzy T-shirt)

Participant Information

Name: _____

Phone: _____

Email: _____

T-Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

I certify that I am **18 years of age or older**.

☐ Yes

Contest Rules

By signing below, I acknowledge and agree to the following:

- I am at least 18 years old.
- I understand that I am participating voluntarily and at my own risk.
- I certify that I have no known medical condition that would make participation unsafe.
- The contest consists of a **10-minute** eating period.
- A hot dog only counts if **both the hot dog and its bun are completely consumed**.
- **Partially eaten** hot dogs or buns will not be counted.
- Water is the **only** beverage permitted during the contest. No other drinks or condiments may be used.

- After the 10-minute timer ends, contestants will have a **30-second clean mouth period** to finish chewing and swallowing.
 - Any contestant who vomits at any point during the contest will be **immediately disqualified**.
 - If a tie occurs, tied contestants will compete in a sudden-death tiebreaker by racing to finish **one complete hot dog and bun**.
 - Judges' decisions are final.
-

Liability Waiver

I understand that competitive eating involves inherent risks, including but not limited to choking, illness, injury, or other medical complications.

By signing this form, I voluntarily assume all risks associated with participating in the Friedrichsen Frank Frenzy. I release and hold harmless Friedrichsen Meat Company, its owners, employees, volunteers, sponsors, and event organizers from any and all claims, liabilities, damages, or injuries arising from my participation.

I certify that I have read and understand the contest rules and liability waiver and agree to abide by them.

Participant Signature: _____

Date: _____

Staff Initials: _____

Entry Fee Paid: ☐ Yes

T-Shirt Ordered: ☐ Yes